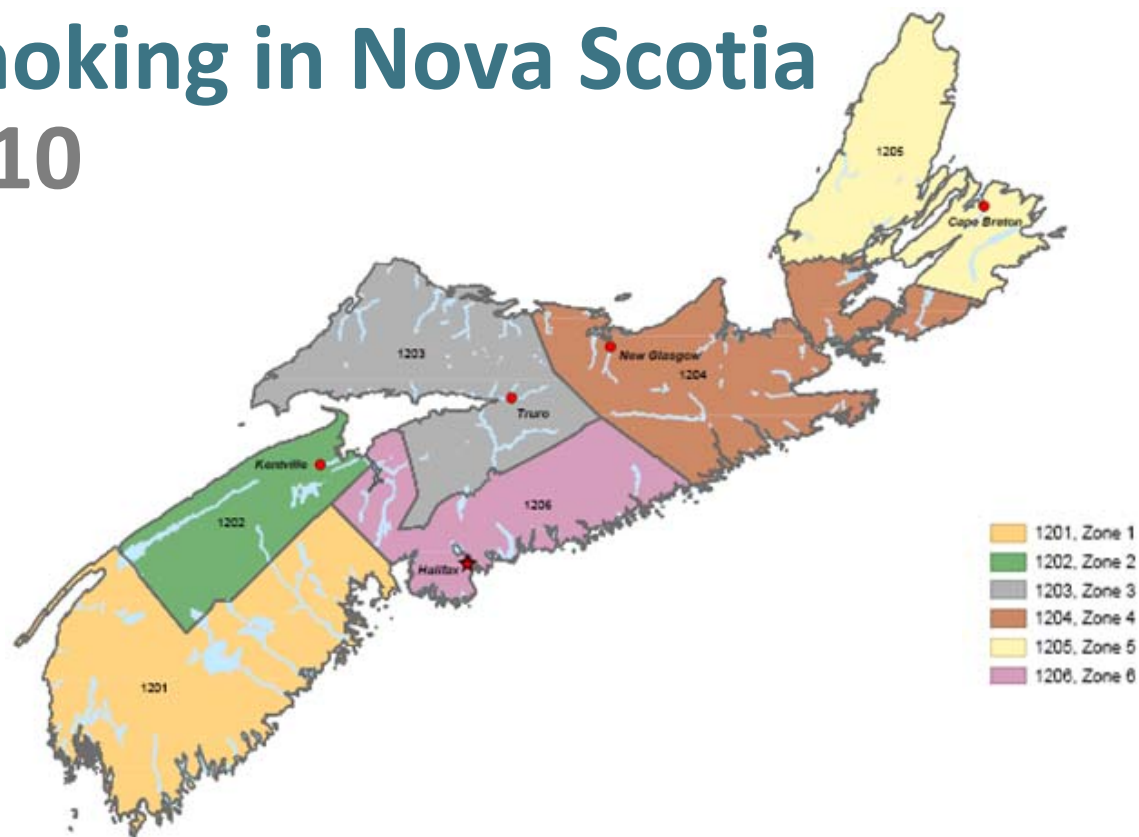


# Smoking in Nova Scotia 2010



## CURRENT SMOKING (DAILY AND OCCASIONAL) IN NOVA SCOTIA, 2009

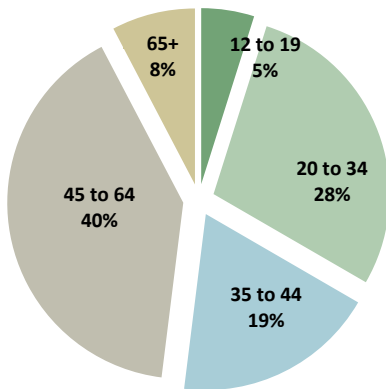
	Percentage of population			Number of People
	Prevalence	95% confidence low	high	
<b>Canada</b>	<b>20.81</b>	<b>20.2</b>	<b>21.3</b>	<b>5,967,259</b>
<b>Nova Scotia</b>	<b>23.2</b>	<b>20.6</b>	<b>25.8</b>	<b>186,984</b>
<b>By Health Unit</b>				
Zone 1	28.3	21.5	35.1	29,388
Zone 2	25.1	17.7	32.5	17,516
Zone 3	20.9	15.2	26.7	18,980
Zone 4	18.5	13.2	23.7	13,838
Zone 5	26.9	19.7	34.1	27,633
Zone 6	21.9	17.6	26.2	79,629
<b>All ages</b>	<b>23.2</b>	<b>20.6</b>	<b>25.8</b>	<b>186,984</b>
<b>Men</b>	<b>24.4</b>	<b>20.6</b>	<b>28.1</b>	<b>93,915</b>
<b>Women</b>	<b>22.2</b>	<b>18.5</b>	<b>25.8</b>	<b>93,069</b>
12 to 19 years of age (both sexes)	8.4E	4.2	12.5	7,455E
20-34 years of age (both sexes)	29.0	22.9	35.1	49,930
35-44 years of age (both sexes)	26.3	18.3	34.3	30,692E
45-64 years of age (both sexes)	26.5	22.0	30.9	75,335
65 years and over (both sexes)	16.5	12.9	20.0	23,571
<i>Statistics Canada: Canadian Community Health Survey, 2010. E=Interpret with caution</i>				

## CURRENT SMOKING (DAILY AND OCCASIONAL) IN NOVA SCOTIA: TRENDS 2000-2010

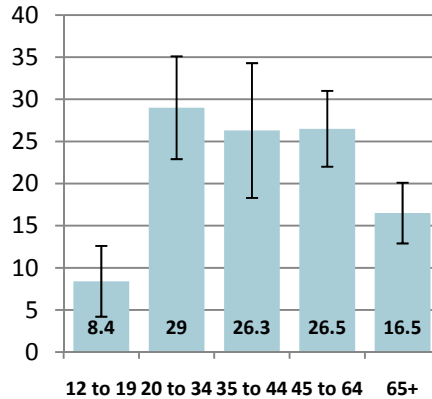
	2000	2003	2005	2007	2008	2009	2010	Change
<b>Number of Smokers</b>								<b>2000-10</b>
Canada	6,677,856	6,080,504	5,874,689	6,112,442	6,009,311	5,730,321	5,967,259	-11%
Nova Scotia	222,300	187,392	180,176	194,307	188,488	186,514	186,984	-16%
<b>By Health Zone</b>								
Zone 1	33,439	27,923	23,042	23,939	31,955	28,708	29,388	-12%
Zone 2	21,009	19,177	16,509	17,795	16,897	10,009	17,516	-17%
Zone 3	26,537	25,303	22,637	20,943	19,238	20,910	18,980	-28%
Zone 4	19,629	18,702	18,096	19,517	19,927	17,023	13,838	-30%
Zone 5	33,224	30,807	27,387	30,179	26,383	26,454	27,633	-17%
Zone 6	88,462	65,481	72,505	81,935	74,088	83,410	79,629	-10%
<b>By sub population</b>								
Men	115,146	97,438	91,422	98,832	102,057	99,178	93,915	-18%
Women	107,154	89,954	88,754	95,476	86,431	87,336	93,069	-13%
12 to 19 years of age (both sexes)	18,938	13,648	9,325	6,745	11,691	9,079	7,455	-61%
20-34 years of age (both sexes)	60,716	56,452	53,756	59,503	43,822	53,141	49,930	-18%
35-44 years of age (both sexes)	59,182	48,576	46,002	42,970	41,302	34,720	30,692	-48%
45-64 years of age (both sexes)	66,641	57,851	55,795	72,035	74,982	75,234	75,335	13%
65 years and over (both sexes)	16,823	10,865	15,297	13,054	16,691	14,339	23,571	40%
<b>Percentage who smoke</b>								
Canada	25.9	23	21.8	22	21.4	20.1	20.8	-20%
(95% CI)	25.5-26.3	22.7-23.4	21.4-22.1	21.6-22.5	20.9-21.9	19.6-20.7	20.2-21.3	
Nova Scotia	28.2	23.6	22.7	24.4	23.5	23.3	23.2	-18%
(95% CI)	26.6-29.9	21.9-25.2	21-24.3	22.1-26.6	21.2-25.9	20.8-25.7	20.6-25.3	
<b>By Health Zone</b>								
Zone 1	30.9	25.9	21.4	22.7	29.8	27.8	28.3	-8%
(95% CI)	27.3-34.4	21.6-30.2	17.9-24.9	17.6-27.7	24.2-35.4	22-33.5	21.5-35.1	
Zone 2	29.8	27.7	23.9	24.5	23	14.6	25.1	-16%
(95% CI)	25.2-34.4	23-32.3	19-28.8	19-30	16.8-29.2	9.5-19.7	17.7-32.5	
Zone 3	29.8	28	25	23.2	21.1	23.4	20.9	-30%
(95% CI)	25.1-34.6	23.7-32.3	21-29	17.8-28.6	15.4-26.9	16.7-30.1	15.2-26.7	
Zone 4	23.6	23.1	22.6	24.7	27	22	18.5	-22%
(95% CI)	18.9-28.3	19.5-26.7	18.3-26.9	17.8-31.6	21.1-32.9	16.3-27.7	13.2-23.7	
Zone 5	29.6	28.1	25.2	29	24.8	25.5	26.9	-9%
(95% CI)	26.1-33.1	23.7-32.4	21.8-28.7	23.8-34.1	19.5-30	19.8-31.2	19.7-34.1	
Zone 6	27.2	19.4	21.4	23.8	21.3	23.2	21.9	-19%
(95% CI)	24.4-30	16.5-22.3	18.6-24.2	19.9-27.6	17-25.6	18.9-27.4	17.6-26.2	
<b>By sub population</b>								
Men	30.2	25.3	23.8	26	26.4	25.7	24.4	-19%
(95% CI)	28-32.5	22.9-27.7	21.5-26.2	22.6-29.3	22.6-30.2	22-29.4	20.6-28.1	
Women	26.3	21.9	21.6	23	20.9	21	22.2	-16%
(95% CI)	24.2-28.4	19.6-24.2	19.6-23.6	20-25.9	18-23.8	18-24	18.5-25.8	
12 to 19 years of age (both sexes)	18.9	13.6	9.6	7.2	12.6	10	8.4	-56%
(95% CI)	15.4-22.4	10.7-16.4	7.3-11.9	3.8-10.6	7.8-17.4	5.9-14	4.2-12.5	
20-34 years of age (both sexes)	32.9	31	30.8	37.1	26	32.1	29.0	-12%
(95% CI)	29.5-36.3	26.4-35.6	27.2-34.4	30.9-43.4	20.2-31.8	25.8-38.3	22.9-35.1	
35-44 years of age (both sexes)	38.3	33.2	32.9	30.1	31.6	27	26.3	-31%
(95% CI)	34.2-42.5	28.4-38	28.7-37.1	24.4-35.8	24.8-38.4	20.7-33.2	18.3-34.3	
45-64 years of age (both sexes)	28.9	23.5	21.7	26.7	27.3	26.8	26.5	-8%
(95% CI)	26-31.7	20.9-26.1	19-24.4	22.8-30.6	22.8-31.8	22.5-31.2	22.0-30.9	
65 years and over (both sexes)	14.3	9	12.2	10	12.5	10.5	16.5	+15%
(95% CI)	11.6-16.9	7.2-10.9	9.9-14.5	7.3-12.8	9.2-15.8	7.4-13.7	12.9-20	

Statistics Canada: Canadian Community Health Survey, 2000-2010. E=Interpret with caution

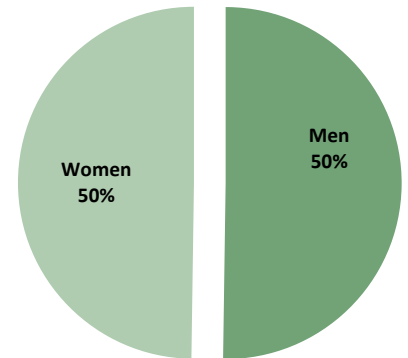
Distribution of smokers by age, Nova Scotia, 2010



Prevalence of smoking by age, Nova Scotia, 2010



Distribution of smokers by sex, Nova Scotia, 2010

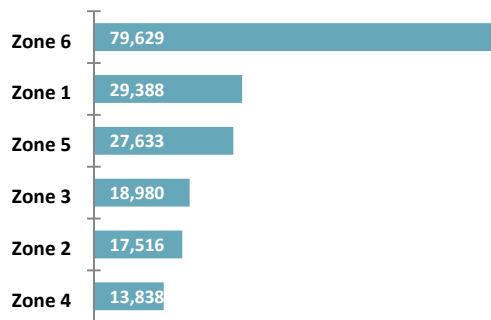


NON-SMOKERS' EXPOSURE TO SECOND HAND SMOKE AT HOME IN NOVA SCOTIA, 2010

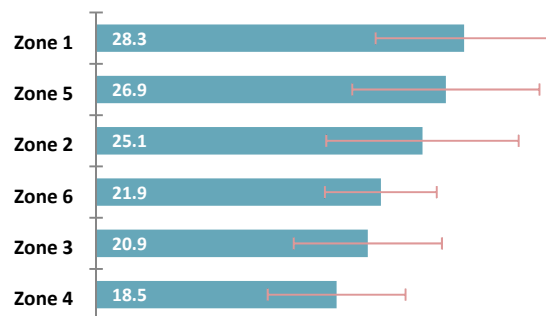
	Percentage of population			Number of People
	Prevalence	95% confidence low	high	
Canada	5.9	5.5	6.2	1,331,928
Nova Scotia	8.6	6.6	10.7	53,323
<b>All ages</b>				
Men	8.4	5.7	11.1	24,688
Women	8.8E	5.6	11.9	26,645E
12 to 19 years of age (both sexes)	25.6E	12.4	38.7	10,726E
20-34 years of age (both sexes)	F			D
35-44 years of age (both sexes)	F			F
45-64 years of age (both sexes)	F			F
65 years and over (both sexes)	F			F

*Statistics Canada: Canadian Community Health Survey, 2010. E=Interpret with caution; F=failed*

Number of smokers by health unit, Nova Scotia, daily or occasional smoking, 2010



Prevalence of smoking by health unit, Nova Scotia, daily or occasional smoking, 2010



### NON-SMOKERS' EXPOSURE TO SECOND HAND SMOKE IN PUBLIC PLACES IN NOVA SCOTIA, 2010

	Percentage of population			Number of People
	Prevalence	95% confidence low		
		Low	high	
<b>Canada</b>	<b>11</b>	<b>10.4</b>	<b>11.5</b>	<b>2,488,791</b>
<b>Nova Scotia</b>	<b>7.8</b>	<b>6.0</b>	<b>9.7</b>	<b>48,604</b>
Men	8.2	5.7	10.6	23,837
Women	7.6	5.3	9.9	24,766
12 to 19 years of age (both sexes)	17.1E	10.6	23.5	13,909E
20-34 years of age (both sexes)	11.9E	6.1	17.7	14,550E
35-44 years of age (both sexes)	7.6	2.8	12.3	6,500E
45-64 years of age (both sexes)	4.5E	2.5	6.5	9,402E
65 years and over (both sexes)	3.5E	1.8	5.3	4,245E

Statistics Canada: Canadian Community Health Survey, 2010. E=Interpret with caution; F=failed

### NON-SMOKERS' EXPOSURE TO SECOND HAND SMOKE IN VEHICLES IN NOVA SCOTIA, 2010

	Percentage of population			Number of People
	Prevalence	95% confidence low		
		Low	high	
<b>Canada</b>	<b>6.8</b>	<b>6.4</b>	<b>7.2</b>	<b>1,552,821</b>
<b>Nova Scotia</b>	<b>8.9</b>	<b>6.7</b>	<b>11</b>	<b>54,915</b>
Men	10E	6.6	13.5	29,265E
Women	7.8	5.5	10.2	25,650
12 to 19 years of age (both sexes)	12.5E	7.5	17.4	10,166E
20-34 years of age (both sexes)	11.5E	5.3	17.6	14,029E
35-44 years of age (both sexes)	F			F
45-64 years of age (both sexes)	8.4E	4.4	12.3	17,528E
65 years and over (both sexes)	6.7E	3.1	10.3	8,032E

Statistics Canada: Canadian Community Health Survey, 2009. E=Interpret with caution; F=failed

### NON-SMOKERS' EXPOSURE TO SECOND HAND SMOKE IN NOVA SCOTIA, 2003- 2010

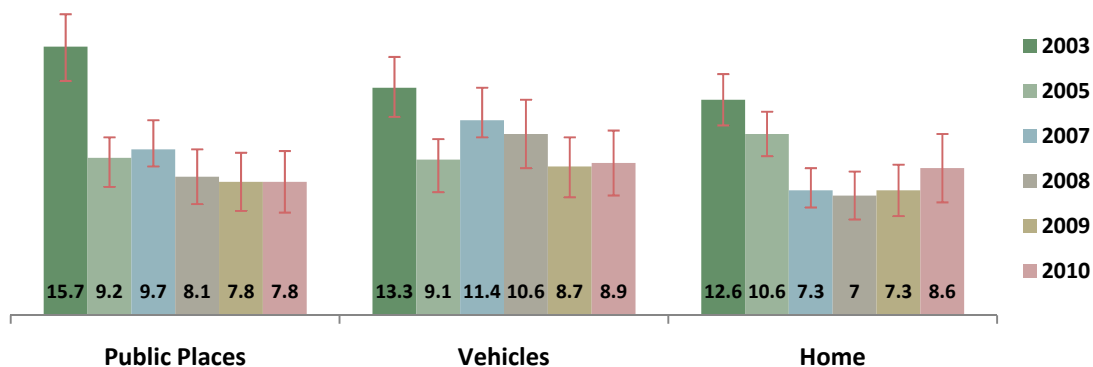
	2003	2005	2007	2008	2009	2010
<b>Number of non-smokers (aged 12 plus)</b>						
<b>Exposed to second hand smoke in the past month:</b>						
In public places	94,835	56,561	58,454	49,544	48,143	48,604
At home	76,319	65,377	44,091	42,823	45,279	53,323
In vehicles	80,851	55,787	68,498	64,936	53,421	54,915
<b>Percentage of non-smokers (aged 12 plus)</b>						
<b>Exposed to second hand smoke in the past month:</b>						
In public places	15.7	9.2	9.7	8.1	7.8	7.8
(95% CI)	13.7-17.6	8-10.4	8-11.4	6.5-9.7	6.1-9.5	6.0-9.7
At home	12.6	10.6	7.3	7	7.3	8.6
(95% CI)	11.1-14.1	9.3-12	6-8.6	5.6-8.4	5.8-8.8	6.6-10.7
In vehicles	13.3	9.1	11.4	10.6	8.7	8.9
(95% CI)	11.6-15.1	7.9-10.3	9.5-13.3	8.6-12.6	6.9-10.4	6.7-11

Statistics Canada: Canadian Community Health Survey, 2009. E=Interpret with caution

## YOUNG NON-SMOKERS' EXPOSURE TO SECOND HAND SMOKE IN NOVA SCOTIA, 2003- 2010

	2003	2005	2007	2008	2009	2010
<b>Number of non-smokers (aged 12 to 19)</b>						
<b>Exposed to second hand smoke in the past month:</b>						
In public places	18,915	18,184	21,345	12,730	13,742E	13,909E
At home	23,110	19,560	17,462	15,519	14,120E	10,726E
In vehicles	25,085	18,689	25,011	15,380	11,290E	10,166E
<b>Percentage of non-smokers (aged 12 to 19)</b>						
<b>Exposed to second hand smoke in the past month:</b>						
In public places	21.8	20.7	24.6	15.7E	16.8E	17.1E
(95% CI)	17-26.7	15.9-25.4	17.3-31.8	9.7-21.7	10.9-22.6	10.6-23.5
At home	26.5	22.2	20.1	19.2	17.2	25.6E
(95% CI)	21.8-31.2	17.9-26.5	14-26.2	13.5-24.8	11.4-23	12.4-38.7
In vehicles	28.9	21.2	28.8	19	13.8	12.5E
(95% CI)	24-33.9	16.9-25.5	21.3-36.2	13.1-24.9	8.5-19.1	7.5-17.4
<i>Statistics Canada: Canadian Community Health Survey, 2009. E=Interpret with caution</i>						

## NON-SMOKERS' EXPOSURE TO SECOND HAND SMOKE PERCENTAGE OF POPULATION REPORTING EXPOSURE NOVA SCOTIA, 2003- 2010



The data on this fact sheet were derived from the Canadian Community Health Surveys (Cycle 2.1, 2.2 and 2007, 2008 and 2009) as provided by Statistics Canada. Further information on survey methodology can be found at: <http://www.statcan.gc.ca/dli-ild/data-donnees/ftp/cchs-escc-eng.htm>

### The questions used on the CCHS survey included:

- "At the present time, do you smoke cigarettes daily, occasionally or not at all?" This question was asked of all respondents.
- "Including both household members and regular visitors, does anyone smoke inside your home every day or almost every day?" This question was asked of non-smokers.
- (In the past month,) were you exposed to second-hand smoke, every day or almost every day, in public places (such as bars, restaurants, shopping malls, arenas, bingo halls, bowling alleys)? This question was asked of non-smokers.
- In the past month, were you exposed to second-hand smoke, every day or almost every day, in a car or other private vehicle? This question was asked of non-smokers.